

K. J. SOMAIYA INSTITUTE OF MANAGEMENT STUDIES AND RESEARCH

Program: PGDM (HCM) Fourth Trimester (Batch 2018-2020)

Counselling
(End Term examination)

Maximum Marks : 25

Time : 2 Hours

Date: 21.09.2019

Notes:

- 1. Attempt any three questions from Section A (7 marks each)**
- 2. Section B is compulsory (4 marks)**

Section A

Q.1. Define Counselling. Define empathy, genuineness, unconditional positive regard – the fundamental helping skills of counseling

Q.2. Why are ethics important in counseling? Discuss dual relationships in counselling relationship

Q.3. Describe steps in problem assessment in counseling and state why is problem assessment important in counseling

Q.4. Why is goal setting important in counseling and describe the steps in goal setting in counseling?

Section B

Short Notes

1. Types of counselling
2. Any two characteristics of an effective counsellor

-----End of Paper-----